

| parkrun leaderboard - 2024 | | | | | | | | | | | | | | 05/10/2024 | |
|----------------------------|------------------------|---------------|-----------------------------------|------------|------------------------|-------------|----------|--------------------|------------|-----------|-----------|----------------------------------|----------|--------------------|--------------------|
| Position | Runner | Parkrun | Parkrun Difficulty (Rank/Grading) | Date | Fastest time this year | Age grade % | Age Cat. | Parkruns completed | Parkrun pb | Volunteer | Locations | This weekends results - Location | Time | Parkruns this year | Parkruns completed |
| 1 | Andrew Budd | Felixstowe | 26 Felixstowe 0.9 | 30/03/2024 | 20m47s | 79.95% | MV65-69 | 96 | 20m07s | 29 | 15 | | | 16 + V7 | 300+ |
| 2 | Dan Clapton | Felixstowe | 26 Felixstowe 0.9 | 06/03/2024 | 21m18s | 67.61% | MV45-49 | 55 | 19m39s | 5 | 10 | | | 5 + V1 | 250+ |
| 3 | Mark Askew | Felixstowe | 26 Felixstowe 0.9 | 25/05/2024 | 21m42s | 77.27% | MV65-69 | 23 | 21m15s | 10 | 5 | Alton Water | 56m35s | 6 + V8 | 200+ |
| 4 | Adrian Phillippo-Green | Felixstowe | 26 Felixstowe 0.9 | 04/05/2024 | 21m52s | 69.66% | MV50-54 | 89 | 21m06s | 20 | 16 | Great Cornard | 28m47s | 37 + V4 | 100+ |
| 5 | Vincent Steensma | Holland | Karpendonkse | 06/07/2024 | 22m37s | 66.84% | MV50-54 | 278 | 22m37s | 39 | 23 | Ipswich | Marshal | 28 + V4 | 50+ |
| 6 | Dan Price | Felixstowe | 26 Felixstowe 0.9 | 22/06/2024 | 22m46s | 51.66% | MV30-34 | 8 | 22m46s | 0 | 3 | | | 4 + V0 | 10+ |
| 7 | Deb Ching | Felixstowe | 26 Felixstowe 0.9 | 25/05/2024 | 22m47s | 73.59% | FV50-54 | 91 | 22m47s | 19 | 26 | | | 29 + V7 | 1+ |
| 8 | John Dunnett | Felixstowe | 26 Felixstowe 0.9 | 25/05/2024 | 22m56s | 71.80% | MV60-64 | 94 | 22m56s | 18 | 12 | Felixstowe | 23m37s | 33 + V10 | |
| 9 | Katarzyna Dabrowska | Felixstowe | 26 Felixstowe 0.9 | 17/02/2024 | 22m58s | 66.62% | FV40-44 | 61 | 22m58s | 1 | 4 | | | 11 + V0 | |
| 10 | Sandra Bumphrey | Yarborough | 61 Yarborough 1.1 | 30/03/2024 | 23m03s | 74.55% | FV50-54 | 124 | 23m03s | 23 | 39 | Alton Water | Timing | 35 + V7 | |
| 11 | Lorna Webber | Felixstowe | 26 Felixstowe 0.9 | 25/05/2024 | 23m39s | 64.27% | FV35-39 | 263 | 23m39s | 37 | 20 | Colchester Castle | 26m24s | 28 + V5 | |
| 12 | Helen Yellop | Felixstowe | 26 Felixstowe 0.9 | 03/02/2023 | 23m50s | 75.94% | FV55-59 | 50 | 23m50s | 5 | 22 | | | 27 + V3 | |
| 13 | Will Ibbotson | Felixstowe | 26 Felixstowe 0.9 | 06/07/2024 | 24m00s | 66.25% | VM55-59 | 40 | 23m46s | 2 | 10 | Colchester Castle | 25m16s | 17 + V2 | |
| 14 | Steve Page | Ipswich | 613 Ipswich 3.3 | 28/09/2024 | 24m10s | 66.34% | VM60-64 | 196 | 20m25s | 12 | 3 | | | 18 + V1 | |
| 15 | Paul Maycock | Felixstowe | 26 Felixstowe 0.9 | 04/05/2024 | 24m13s | 69.92% | MV65-69 | 309 | 23m05s | 55 | 33 | Kesgrave | 40m02s | 36 + V3 | |
| 16 | Trevor Stevenson | Felixstowe | 26 Felixstowe 0.9 | 06/03/2024 | 24m33s | 71.01% | MV70-74 | 94 | 23m49s | 5 | 15 | Alton Water | 28m09s | 26 + V2 | |
| 17 | Jo Harris | Felixstowe | 26 Felixstowe 0.9 | 30/03/2024 | 24m45s | 63.57% | FV40-44 | 131 | 23m32s | 7 | 11 | | | 15 + V1 | |
| 18 | Steve Webber | Felixstowe | 26 Felixstowe 0.9 | 28/09/2024 | 25m14s | 59.91% | MV50-54 | 308 | 25m14s | 21 | 17 | Colchester Castle | 26m38s | 33 + V4 | |
| 19 | Neil Burton | Mersea Island | 335 Mersea Island 2.5 | 05/10/2024 | 25m25s | 59.95% | VM50-54 | 8 | 24m33s | 1 | 2 | | | 1 + V1 | |
| 20 | Emily Dixon | Harwich | 8 Harwich 0.7 | 06/01/2024 | 26m14s | 56.48% | FV30-34 | 65 | 24m22s | 0 | 22 | | | 7 + V0 | |
| 21 | Hannah Yellop | Victoria Dock | 44 Victoria Dock 1.0 | 15/06/2024 | 26m32s | 55.78% | FV25-29 | 42 | 26m32s | 6 | 26 | | | 22 + V5 | |
| 22 | Sally Maddams | Harwich | 8 Harwich 0.7 | 27/01/2024 | 26m54s | 59.60% | FV45-49 | 165 | 26m10s | 10 | 17 | Alton Water | 28m08s | 25 + V2 | |
| 23 | Marie Paveley | Alton Water | 660 Alton Water 3.6 | 01/06/2024 | 26m55s | 61.55% | FV45-49 | 53 | 24m37s | 3 | 5 | | | 2 + V1 | |
| 24 | Glen Yellop | Ipswich | 613 Ipswich 3.3 | 17/02/2024 | 26m56 | 55.63% | MV50-54 | 9 | 26m56s | 2 | 3 | Gorleston Cliffs | 29m13s | 3 + V1 | |
| 25 | Anna Clapton | Harwich | 8 Harwich 0.7 | 06/01/2024 | 27m21s | 55.58% | FV40-44 | 125 | 22m39s | 4 | 16 | Alton Water | 30m03s | 24 + V1 | |
| 27 | Laura Crossley | Mildenhall | 290 Mildenhall Hub 2.1 | 12/10/2024 | 28m23s | 55.43% | FV40-44 | 119 | 28m41s | 9 | 26 | Mildenhall Hub | 28m23s | 33 + V3 | |
| 26 | Jo Raven-Lloyd | Felixstowe | 26 Felixstowe 0.9 | 25/05/2024 | 28m30s | 54.39% | FV40-44 | 25 | 28m30s | 1 | 5 | | | 25 + V1 | |
| 28 | Karen Sharkey | Felixstowe | 26 Felixstowe 0.9 | 28/09/2024 | 29m33s | 51.78% | VW40-44 | 21 | 29m33s | 3 | 4 | Alton Water | 30m29s | 21 + V3 | |
| 29 | Fran Barnard | Victoria Dock | 44 Victoria Dock 1.0 | 15/06/2024 | 30m16s | 50.22% | VW40-44 | 42 | 30m12s | 5 | 24 | Alton Water | Scanning | 18 + V3 | |
| 30 | Sue Russell | Felixstowe | 26 Felixstowe 0.9 | 20/07/2024 | 30m25s | 51.73% | FV40-44 | 120 | 29m59s | 14 | 15 | Alton Water | 52m36s | 30 + V8 | |
| 31 | Steve Bumphrey | Felixstowe | 26 Felixstowe 0.9 | 13/04/2024 | 30m59s | 52.23% | MV60-64 | 106 | 29m27s | 1 | 12 | Felixstowe | 32m58s | 22 + V0 | |
| 32 | Sara Hills | Alton Water | 660 Alton Water 3.6 | 03/02/2023 | 31m44s | 46.74% | FV30-34 | 4 | 29m28s | 1 | 1 | | | 1 + V0 | |
| 33 | Ian Thoroughgood | Ipswich | 613 Ipswich 3.3 | 01/01/2024 | 31m51s | 42.86% | MV40-44 | 10 | 20m58s | 0 | 5 | | | 1 + V0 | |
| 34 | Sonia Copping | Felixstowe | 26 Felixstowe 0.9 | 24/08/2024 | 33m44s | 55.93% | FV55-59 | 64 | 33m44s | 2 | 12 | Felixstowe | 37m23s | 37 + V2 | |
| 35 | Amy Dawson | Felixstowe | 26 Felixstowe 0.9 | 20/04/2024 | 33m59s | 44.73% | FV35-39 | 4 | 30m19s | 0 | 2 | | | 3 + V0 | |
| 36 | Sue Wilshaw | Silksworth | 302 Silksworth 2.1 | 06/01/2024 | 34m07s | 65.27% | FV70-74 | 37 | 27m28s | 6 | 3 | | | 3 + V0 | |
| 37 | Faye Bradshaw | Felixstowe | 26 Felixstowe 0.9 | 20/04/2024 | 34m15s | 44.38% | VM35-39 | 1 | 34m15s | 1 | 1 | | | 1 + V1 | |
| 38 | Aaron Heard | Ipswich | 613 Ipswich 3.3 | 13/07/2024 | 35m02s | 38.68% | VM35-39 | 9 | 21m45s | 2 | 3 | | | 2 + V1 | |
| 39 | Kim Noble | Felixstowe | 26 Felixstowe 0.9 | 28/09/2024 | 35m32 | 42.35% | FV35-39 | 35 | 35m32s | 4 | 7 | Alton Water | 52m34s | 31 + V4 | |
| 40 | Diane Parton | Ipswich | 613 Ipswich 3.3 | 29/06/2024 | 35m47s | 50.58% | VW55-59 | 44 | 24m03s | 9 | 4 | | | 1 + V0 | |
| 41 | Austen Gilbert | Alton Water | 660 Alton Water 3.6 | 01/01/2024 | 36m24s | 39.88% | VM45-49 | 14 | 31m35s | 5 | 1 | | | 2 + V2 | |
| 42 | Kyla Webb | Felixstowe | 26 Felixstowe 0.9 | 06/07/2024 | 39m24s | 43.06% | VW50-54 | 12 | 26m31s | 3 | 3 | | | 1 + V1 | |

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| 43 | Heidi Cross | | VW45-49 | 6 | 33m12s | 1 | 2 | | 0 + V1 |
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